

To our valued Raleigh Capitol ENT allergy patients,

We appreciate our patients, like you, and strive to offer the best care. Our practice has provided compassionate care with the latest treatments for our patients with allergies for over 40 years. During this time, knowledge about allergies has progressively evolved. Currently, our Allergy Department is updating the way we test and treat patients. Our goal has always been to offer the most up to date treatment options, deliver better results, and maximize safety for our patients.

As an established patient on subcutaneous immunotherapy (allergy shots), we would like to notify you of a few upcoming changes with your treatment.

To continue to offer this treatment consistent with the recommended best practices, we are making protocol enhancements that will result in better treatment efficacy and better control of your symptoms.

Our new allergy shot protocol consists of weekly injections for about 6 months during buildup followed by monthly maintenance injections.

Due to changes in the antigen manufacturing and supplier as well as changes in the way your treatment is mixed according to the most recent studies and recommendations, all patients will go through a buildup period. This is essential for safety. You will not be “starting over” and will be starting at a higher level than new patients. These changes are expected to provide an increase in effectiveness and convenience over time.

When your initial treatment vials are mixed, they will be mixed all at once for the first 8-10 months of treatment. Therefore, you or your insurance company will be billed a larger one-time bill for the serum, rather than recurring smaller bills every 3 months. The overall charge over this length of time will remain similar. Once taking monthly injections, you will only need 1 or 2 vials every 10 months (instead of every 3 months). This should decrease the overall cost of your treatment long term.

We would like to remind you of the required 30-minute safety stop for observation in the clinic after getting your shots, as well as the requirement to bring your epinephrine auto-injector each time. These policies are in place with your safety in mind.

We want to express our gratitude for the privilege of helping you to manage your allergies. We appreciate your understanding regarding these changes. We are excited to offer this treatment for you.

Sincerely,

The Raleigh Capitol ENT Allergy Department

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