



To our valued Raleigh Capitol ENT sublingual immunotherapy allergy patients,

We appreciate our patients, like you, and strive to offer the best care. Our practice has provided compassionate care and the latest treatments for our patients with allergies for over 40 years. During this time, knowledge about allergies has progressively evolved. Currently, our Allergy Department is updating the way we test and treat patients. Our goal has always been to offer the most up to date treatment options, deliver better results, and maximize safety for our patients.

We have proudly provided sublingual immunotherapy (“SLIT” or “allergy drops”) safely and effectively for past 20 years. To continue to offer this treatment consistent with the recommended best practices, we are making protocol enhancements that will result in better treatment efficacy and better control of your symptoms. The new protocol increases the amount of antigen (the active ingredient) per vial, and therefore each daily dose.

Unfortunately, due to significantly increasing costs of the supplies and processes involved in producing your sublingual immunotherapy, we must increase the price we charge for this treatment. Going forward the charge will be \$375 for a 3-month supply. (Note - The majority of patients previously needing two vials will now only need one vial.) We realize this is a significant increase compared to what you are used to paying. We do not take this change lightly and apologize for the inconvenience this may cause you. We are committed to making this treatment as effective and affordable for you as possible. Patients will be asked to pick up their refills at the office, as these can no longer be mailed. Overnight shipping may be arranged; this service will be charged to the patient. These changes will begin May 1, 2022.

We understand that you may choose to discontinue your sublingual immunotherapy treatment. Other treatment options include allergy medications and in-office allergy shots. Our new allergy shot protocol consists of weekly injections for about 6 months during build-up followed by monthly maintenance injections, improving the convenience of this treatment. If you need help deciding how to manage your allergies going forward, please schedule a follow up visit with your Raleigh Capitol ENT physician to discuss which treatment options may be best for you.

We want to express our gratitude for the privilege of helping you to manage your allergies over the years. We appreciate your understanding regarding these changes.

Sincerely,

The Raleigh Capitol ENT Allergy Department